



Modena, 11 June 2023

| Grade applied for: | □ 5 DAN | |
|--|----------------|------------|
| Applicant's full name: | Family Name | First Name |
| Federation: | | |
| Technical Manager: | | |
| Depending on the grade applied for, answer accurately at least two of the three questions: | | |
| 5 DAN | | |
| 1) What are the requirements to be a good motodachi? And what does this term mean? Explain in which context this term is used. | | |
| 2) Giving a first lesson to a novice, what would you highlight the most so that he becomes passionate about our discipline? | | |
| 3) Have you ever heard the term "SEICHUDO /DOCHUESEI"? Can you explain it? | | |
| (write in block letters if possible and sign at the end of the paper) | | |